



# Being Identical With Nature

Message by

**BELOVED DAAJI**

on the occasion of the 98<sup>th</sup> birth anniversary of

**PUJYA SHRI CHARJI MAHARAJ**

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# Being Identical With Nature

Dear friends,

## To Grow Is to Let Go

We see the truth when we look at a seed. The seed has everything that makes up the tree, roots, trunk, branches, leaves, and flowers. But the seed must break for it to become what it truly is. It has to shed its protective shell. Life only starts when you let go.

This is the first lesson from nature: To grow is to let go.

The mother tree is aware of this. She doesn't hold on to her leaves when autumn comes. She lets them go with grace, making room for new growth. She knows what we often forget, that holding on too tightly stops life from happening.

The mother's heart knows this as well. Two hearts beat as one for nine months. Then comes the moment of birth, which is the

most loving act of letting go. She lets go of what was a part of her being, not because she doesn't love it, but because she loves it so much. There used to be one, but now there are two, and each one can love forever.

## The Love Cycle

Three simple truths make up an endless cycle:

1. To grow is to let go.
2. Love shows itself through growth.
3. To love is to let go of control.

Like breathing, each one leads to the next: Inhale, exhale, and then inhale again. This is how life itself moves.

We show love when we create something, such as a song, a painting, or a relationship. The urge to create comes from love's need to show itself and share itself. Love has expressed itself in many ways, even in the Big Bang.

Love makes things grow. "Love is the engine of the world," Chariji used to say.



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## The Paradox

Here is the big paradox: You have to let go of someone to really love them. At first, this seems like it can't be done. How can we love and let go at the same time?

But think about this: If the layers that protect a rosebud won't open, can it bloom? Can a butterfly come out if the cocoon won't let go of its threads? Can hearts really meet if they have to meet certain standards?

Love that is real has no expectations, demands, or chains. It's free. True detachment isn't being indifferent; it's love so strong that it frees you instead of owning you.

We often mix up love and attachment. But attachment is love's clothes that make you afraid. It makes cages and calls them care. It makes people dependent and calls it devotion.

The plant knows more. It knows that the wind will blow its scent away. It knows that its fruit will fall off eventually. But it doesn't fight back. It keeps getting bigger. It is in its nature to grow, to give freedom, and to make more life.

## The Challenge of Being Human

We humans can make our own choices and be aware of ourselves. However, the ego makes us feel like we are "I" and "mine," which causes us to hold on to things and define ourselves by them. Lack of faith also pushes us to hoard for future safety.

These ties break when we meditate and we become more aware of our thoughts and feelings. We learn to distinguish between what is real and what is not, between what lasts forever and what doesn't. We start to see beyond the small self and into the infinite.

This change is an act of love in and of itself.

## From the Life of Lalaji

Lalaji Maharaj, our Adiguru, was the best example of loving detachment. For example, when he found out about his daughter's death while leading a group meditation, he sat there quietly, and then tears started to flow down his face.

A saintly person asked, "How can a saint cry?" How can he cry, because he cares.

Lalaji sat quietly for a while, then picked up some dry leaves and crushed them. They made a crackling sound. He said, "Even dead leaves make noise when you crush them," and "I am a real person. When joined parts come apart, sound is normal."

He went on to say, "People naturally feel love, care, and attachment, whether they are free or not." We are going from being human to being kind to being divine. As we evolve, we become one with the realities of creation, rather than being separate from them.

This is Loving Detachment: Feeling deeply while letting go.



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## The Wrong Way

We need to be careful about being detached without love. This is cold, distant, and has no spiritual value. It's like a man who says he's celibate but can't be close to anyone. This kind of distance comes from being emotionally unable, not from being wise.

Absolute detachment comes from love that is so strong it doesn't care about losing or gaining anything. It takes part entirely without being emotionally dependent. It makes closeness without attachment and connection without being tied down.

How can we even grasp this loving distance? I have only one answer: By understanding and practice.

Start small. Keep something valuable, such as a piece of jewellery or a picture. Be thankful for it. Notice any worry about losing it. Now let go of your grip on purpose. Instead of holding it with closed fists, hold it with open hands. Know the difference between valuing and owning.

Go to relationships. Pay attention to when you hold on too tight out of fear, need, or expectation. Learn to bless other people's

freedom. Not pulling away or running away, but loving without conditions. See how freedom makes real connections stronger instead of weaker.

Finally, use this on yourself. See how you hold on to your identities, stories, and even your wounds. Let go of old versions of yourself as practice. You let go of what doesn't help you anymore, not because you hate yourself, but because you love yourself.

## The Lesson of Nature's Kindness

If you stand by a river long enough, it will teach you everything. Watch the water move. It never holds onto the rocks it touches or the banks it feeds. The river gives everything to each moment, but it stays the same. It finds its home in the ocean by constantly giving of itself.

But nature's lessons go even deeper. Think about this: The orange tree doesn't ask for orange juice every morning in exchange for its oranges. The mango tree never asks for mango juice as payment. These kinds of trees turn the simplest things into the sweetest gifts. They only eat organic waste, drink water, and utilize the sunlight.

The cow doesn't want anything, including milk, in return for giving us milk. She eats grass, grass, and more grass! But some of us end up eating her whole, turning our stomachs into graveyards for those who serve us so selflessly.



What can we take away from this? What do we give back, even though we eat the best of everything? This question has prompted my associates to stop and think many times.

I have always thought that love of the Divine Order is the only thing that can meet these three needs: To grow, to love, and to give freedom. Nature is based on love, asking for nothing and sharing everything. This is the highest form of loving detachment.

This is nature's quiet message about loving detachment, which is so fundamental that it's often overlooked.

The cloud collects water, gets heavy with rain, and then releases it all. Does it get smaller? No. It changes, grows lighter, and continues to move through the sky. The rain turns into rivers, feeds seeds, and then rises as vapor to make clouds again.

Your breath also teaches this. When you breathe out, you let go of something; when you breathe in, you take something in. Try



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to hold your breath forever, and life itself will protest. The body knows what the mind sometimes forgets: holding and letting go are two parts of the dance of life.

## The Fourth Maxim: Nature's Way is Simple

“Simplify your life so as to be identical with Nature.” – Babuji.

Embodying this principle in life is the fastest way to evolve.

Nature is all about being simple. It was what existed in the Absolute but had not yet fully taken form. This is the life force of Nature herself, the place where all activity starts, which is genuinely the Origin. The only way to achieve simplicity in life is by eliminating all the complexities.

But we people have made this simple thing more complicated. We have created a web of thoughts, desires, and actions that run counter to the flow of Nature. One faculty member advises walking in the open air, and another cautions against catching a cold. One says to make money, while the other says to take a different path. Babuji calls what we've made “a complete conglomerate” of conflicting tendencies.

The orange tree doesn't have to deal with any of these problems. It doesn't think about whether to give fruit or not. The cow doesn't think about whether to produce milk or not. They exist in perfect simplicity, just like Nature does.

We need to “re-own the latent power that is the very quintessence of Nature” by breaking up the network that we have built ourselves. If we want to emulate Nature, we need to continually refine our actions, eliminate unnecessary tasks, and break down our networks to achieve the purest state.

This is loving detachment in action. It’s not about doing more spiritual practices; it’s about eliminating everything that isn’t necessary. We need to learn to let go of the network we’ve built, just like a tree lets go of its leaves in the autumn. We need to return to a simple way of life that is in tune with nature herself. Reflect on this aspect of “neediness” of all that we indulge in.



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## The Ultimate Truth

This is where the real issue lies. The orange tree turns soil, water, and sunlight into sweetness without asking for anything in return. The cow eats grass and turns it into food, expecting nothing in return. They are the Divine Order, which is giving without thinking about it.

We, those people who eat the best of everything, often forget this basic rule. We take the sweetness of the orange, the milk from the cow, and the abundance of the Earth, but what do we give back? This question should make us feel small and remind us of our true purpose.

The big problem goes away on its own: we get more when we let go. The more freedom we give, the stronger our ties become. We grow when we let go.

There is no plan or trick here. This is how love works and how the divine order operates. Love is not a closed system; it is an open flow. It moves like air, water, and light, always coming back and constantly changing.

When we follow this Divine Order and give without expecting anything in return, we realise that loving detachment is not something we do; it's who we are.

## The Acknowledgement

Finally, we don't practice loving detachment; we acknowledge that we do. We are not separate beings trying to get away from each other. Life is constantly changing, letting go, and loving itself into new forms.

The universe loves you into being with every breath you take. You are in tune with the flow of life when you let go of a child, a dream, or a moment.

The river knows it will come back to the sea. The cloud knows that it will rain, dry up, and then form again. The seed knows it must break to grow. We also know, deep down, that to love is to let go, and to let go with love is to become love itself.

When we reach this level of simplicity, “all senses having merged may become synonymous with that which remains after the fading away of the previous impressions.” Only then can we think of ourselves as being in tune with the Divine and living in perfect harmony with the simple, loving, and giving order of Nature.

## The Invitation

Do not take these words too seriously. Let them finish their work, then let them go. They are not things to remember; they are invitations to flow.

If you are afraid to let go, remember that letting go brings new life, not loss. Every dawn shows that endings lead to new beginnings. Every breath shows that letting go makes room for receiving.



*Love is not a closed system; it is an open flow. It moves like air, water, and light, always coming back and constantly changing.*

Love with open hands. Not because it's spiritual or witty, but because it's the only way love works. The closed fist only holds things. The universe is in the open hand. What the river teaches, what the cloud shows, and what every mother's heart knows is that to love is to let go, and in letting go, we become the love we seek.

This is the lesson. Easy. Done. Forever.

With love and respect,

*Kamlesh*



On the occasion of the 98th birth anniversary of  
*Pujya Shri Chariji Maharaj*  
at Kanha Shanti Vanam, July 24, 2025.



# heartfulness

purity weaves destiny

